CELEBRATE A WORLD OF FLAVORS
NATIONAL NUTRITION MONTH® 2022

Visit us at: www.eatright.org/nnm for National Nutrition Month® and Registered Dietitian Nutritionist Day event ideas.
NATIONAL NUTRITION MONTH®; the Academy of Nutrition and Dietetics’ 2022 nutrition education and information campaign promotes healthful eating along with physical activity. Promote it with gifts featuring the 2022 official logo offered by the Academy and Jim Coleman, Ltd.

(NM01) National Nutrition Month® Poster
With a bright, contemporary design and the National Nutrition Month® graphic, these decorative posters help embrace global cultures, cuisines and inclusivity. 18” x 24”
$4.99 Academy Members, $5.50 Nonmembers

(NM02) Mini Posters Just like the NNM large poster, our mini 8.5” x 11” poster is a bright contemporary design with the National Nutrition Month® graphic. These decorative posters help embrace global cultures, cuisines and inclusivity. (Pkg/10)
$19.99 Academy Members, $21.95 Nonmembers

(NM03) Simple Steps Poster Large 20” x 28” colorful poster with simple steps for a healthful lifestyle. See website for new poster featuring ways to celebrate a world of flavors!
$4.99 Academy Members, $5.50 Nonmembers

(NM04) Latex Balloons Add a festive touch to your celebration with these colorful 11” latex balloons. (Pkg/20) (10 orange/10 lime)
$10.99 Academy Members, $11.99 Nonmembers

(NM05) Mylar Balloon 18” round Mylar® balloon will bring attention to nutrition for the entire month. Helium required.
$3.99 Academy Members, $4.49 Nonmembers

CELEBRATE
(NM06) Eating Right with Less Added Sugars Features tips on how to identify and reduce sources of added sugars.
(Pkg/25) $12.95 Academy Members, $13.95 Nonmembers

(NM07) Eating Right on a Budget How to get the most for your food budget with tips for planning, shopping and preparing healthy meals.
(Pkg/25) $12.95 Academy Members, $13.95 Nonmembers

(NM08) Eating Right for a Healthy Weight Tips for making small, gradual changes in eating and physical activity habits to move toward a healthy weight. Appropriate for teens and adults.
(Pkg/25) $12.95 Academy Members, $13.95 Nonmembers

(NM09) Build a Healthy Plate Colorful tri-fold brochure is the perfect handout at schools, hospitals, health fairs and more.
(Pkg/25) $12.95 Academy Members, $13.95 Nonmembers

(NM10) Smart Snacking for Adults & Teens Promotes healthy snacking by choosing fruits, vegetables, whole grains, lean protein foods and dairy. Perfect for community groups, health fairs and high schools.
(Pkg/25) $12.95 Academy Members, $13.95 Nonmembers

(NM11) Shop Smart—Get the Facts on the New Food Labels Become a smart shopper by reading food labels to find out more about the foods you eat. This colorful tri-fold highlights changes to the new and improved Nutrition Facts labels.
(Pkg/25) $12.95 Academy Members, $13.95 Nonmembers

(NM12) Traymats/Placemats With their bright, contemporary design, these 14" x 19" linenized traymats/placemats add a decorative touch to your food service operation.
(Pkg/50) $13.99 Academy Members, $16.50 Nonmembers

(NM13) MyPlate Traymats/Placemats With their bright, contemporary design, these 14" x 19" linenized traymats/placemats add a decorative touch to your food service operation.
(Pkg/50) $13.99 Academy Members, $16.50 Nonmembers

(NM14) Retractable Banner This pull-up economy retractable banner with stand packs great value into an easy-to-use durable and attractive display. Vinyl banner pulls up and retracts down into the base. The stand is aluminum alloy and the banner is made of 13 oz. smooth matte vinyl. Use year after year. 78.7” x 33.4”
$189.99 Academy Members, $199.99 Nonmembers

(NM15) Logo Bookmarks Colorful bookmarks are great rewards for attending events and serve as a great reminder to eat right. The back of the bookmark has tips on how to Celebrate a World of Flavors.
(Pkg/30) $7.99 Academy Members, $8.25 Nonmembers

(NM16) Table Tents Spread the word on tables, desks, shelves, displays, classrooms, and bulletin boards. The back of the table tent has tips on how to Celebrate a World of Flavors.
(Pkg/25) $12.95 Academy Members, $14.95 Nonmembers

(NM17) Banners Boldly displaying National Nutrition Month®, take center stage with these colorful banners. At 8” x 20”, they’re the perfect size for bulletin boards, event entrances, and more.
(Pkg/10) $15.99 Academy Members, $16.99 Nonmembers

(NM18) Logo Stickers Want to add a decorative touch to your correspondence? These stickers do just that, and much more! Be sure to have plenty on hand to share at NNM events.
(Roll/100) $8.99 Academy Members, $9.49 Nonmembers

(NM19) Buttons A classic way to promote the message. 2 1/4” Round
(Pkg/10) $7.99 Academy Members, $8.99 Nonmembers

(NM20) New! Vinyl Sticker Decorate and personalize water bottles, laptops, windows, and more. Stickers are waterproof, weather resistant, dishwasher and microwave safe.
$1.99 Academy Members, $2.49 Nonmembers

Order online at jimcolemanstore.com/nnm. See page 15 for ordering details.
**WEARABLES**

(NM21) Unisex Classic Tee  
5.4 oz., 100% cotton T-shirt in a classic silhouette. Color: Royal  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$16.99 Academy Members, $17.99 Nonmembers

(NM22) Unisex Long-sleeved Tee  
100% preshrunk cotton with a contemporary silhouette  
Color: Sapphire  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$21.99 Academy Members, $22.99 Nonmembers

(NM23) Fitted Color Tee  
5.3 oz., preshrunk 100% cotton T-shirt with side seams in a slightly tapered fit.  
Color: Purple  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$16.99 Academy Members, $17.99 Nonmembers

(NM24) Fitted Long-sleeved Tee  
An indispensable T-shirt in a classic silhouette. It is made of 5.4 oz, 90/10 cotton/polyester with side seams and open hem cuffs. Color: Athletic Heather  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$19.99 Academy Members, $20.99 Nonmembers

(NM25) Unisex DryBlend Color Tee  
This preshrunk, 50/50 cotton/polyester tee is soft and long lasting with DryBlend technology that delivers moisture-wicking properties. Color: Navy  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$16.99 Academy Members, $17.99 Nonmembers

(NM26) Cotton Apron  
100% cotton apron with a large front pocket and adjustable tie straps. Color: Black  
26.5” W x 35.25” H  
$16.99 Academy Members, $17.99 Nonmembers

(NM27) Non-Woven Full Apron  
This lightweight, budget-friendly apron is made of 80 gram non-woven material with two front pockets. Hand wash. 24” W x 28” H  
$4.99 Academy Members, $5.49 Nonmembers

(NM28) Full Color Face Mask  
Washable, reusable and made with breathable, moisture-wicking, snag-resistant 100% polyester interlock knit fabric to keep you cool and comfy all day long. This mask is one-size-fits-most with adjustable ear loops for the perfect fit, and is CPSIA compliant for ages 10 and up. Ergonomically designed for a comfortable wear, this mask features two-layer construction with a filter pocket (filter not included) for added protection, and UPF 40+ for sun safety.  
$9.99 Academy Members, $10.99 Nonmembers

This reusable mask is not medical grade or a direct substitute for N95, surgical, or procedural masks. The use of this face covering is not a guarantee against infection or the transmission of viruses or diseases. This mask should be used in accordance with CDC guidance.

(NM29) Jumbo ID Holder  
This 40” auto-retract cord makes it a cinch to display your jumbo ID. Quality 360° swivel bull dog clip attachment and sealed weather-resistant case. 1.50” W x 3.50” H x 0.38” D  
$4.99 Academy Members, $5.25 Nonmembers

(NM30) Eat Right Lapel Pin  
A lapel pin is the perfect way to spread the “Eat Right” message. Tie-tac backing. 0.875”  
$3.99 Academy Members, $4.25 Nonmembers

(NM31) Top Seller! Fork and Knife Lapel Pin  
This cute lapel pin has an antique pewter finish and a military clutch back. 2”. USA made.  
$3.99 Academy Members, $4.49 Nonmembers
(NM400) ELF Retractable Banner This pull-up economy retractable banner with stand packs great value into an easy to use durable and attractive display. Vinyl banner pulls up and retracts down into the base. The stand is aluminum alloy and the banner is made of 13 oz. smooth matte vinyl. 78.7” x 33.4” $189.99 Academy Members, $199.99 Nonmembers

(NM401) New! ELF Vinyl Sticker Decorate and personalize water bottles, laptops, windows, and more. Stickers are waterproof, weather resistant, dishwasher and microwave safe. $1.99 Academy Members, $2.25 Nonmembers

(NM402) ELF Fitted Tee 5.4 oz., 100% cotton T-shirt is perfect alone or for layering. Color: Aquatic Blue S, M, L, XL, 2XL (add $3 for each 2XL) $15.99 Academy Members, $16.99 Nonmembers

(NM403) ELF Unisex Classic Tee 5.4 oz., 100% cotton T-shirt in a classic silhouette. Color: True Royal S, M, L, XL, 2XL (add $3 for each 2XL) $15.99 Academy Members, $16.99 Nonmembers

(NM404) ELF Writing Pen Colorful pen that features the “EatRight, LiveRight, FeelRight” graphic wrapped around the pen. The eversmooth ink gives an extraordinary writing experience in black ink. 5.88” W $1.39 Academy Members, $1.69 Nonmembers

(NM405) New! Hydrate Right Water Bottle It is not only important to Eat Right, but also to Hydrate Right! This 24 oz. slim design sport bottle with a drink-thru lid helps you do just that. The measurements will help keep you motivated to stay hydrated throughout the day. It is reusable and recyclable. BPA free and food compliant. Hand wash only. Do not microwave. $5.99 Academy Members, $6.99 Nonmembers

(NM406) ELF Nonwoven Lunch Cooler This budget-friendly lunch cooler is made of lightweight nonwoven material. It features a zippered main compartment, foil laminated PE foam insulation, ID holder and a large front pocket. It measures 8” W x 9” H x 6” D with 21” handles. Contents not included. $6.99 Academy Members, $7.49 Nonmembers

Order online at jimcolemanstore.com/nnm. See page 15 for ordering details.
**BAGS & TOTES**

*(NM32) Top Seller! Budget Jumbo Nonwoven Shopper Tote*
This budget-friendly, nonwoven shopper tote features an open main compartment and double carry handles. It’s completely reusable and a great alternative to plastic bags. Contents not included. 22” W x 17” H x 6” D
$3.89 Academy Members, $4.09 Nonmembers

*(NM33) New! Herringbone Nonwoven Tote* Stylish tote made of lightweight nonwoven material with a large open main compartment and 13.5” handles. 15” W x 16” H x 6.25” D
$5.99 Academy Members, $6.49 Nonmembers

*(NM34) New! 3-Piece Market Produce Bags* Made of a combination of 210D polyester and RPET (recycled polyester obtained by melting down existing plastic bottles and creating new polyester fiber). Set includes three bags of the same size, each with a drawstring cord. Only one bag has the NNM imprint. Contents not included. Each Bag: 9.75” W x 12” H
$10.99 Academy Members, $11.99 Nonmembers

*(NM35) Top Seller! Vintage Shopper* Classic veggies and antique kitchen utensils take center stage in this vintage print. This laminated nonwoven shopper features a large open main compartment with 10” gusset and supportive bottom board, reinforced handles and binding for added durability, contrasting regular polypropylene front open pocket and 10” handle drop height. The laminated material is water-resistant and easily wipes clean with disinfectant wipes. Perfect alternative to plastic bags. Contents not included. 15” H x 13” W x 10” D
$7.99 Academy Members, $8.49 Nonmembers

*(NM36) Laminated Shopper Tote* Made of laminated nonwoven, water-resistant polypropylene that is easy to wipe clean. It measures 13” W x 15” H with an 8” striped side gusset and 21” handles.
$7.99 Academy Members, $8.49 Nonmembers

*(NM37) New! Nonwoven Cooler Tote* Medium size tote perfect for packing a healthy lunch or a trip to the market. It is made of lightweight nonwoven material with aluminum foil and foam insulation. It features a top zippered closure to the main compartment and a front slip pocket. Contents not included. 17” W x 14” H x 6” D
$9.99 Academy Members, $10.99 Nonmembers

**TAKE NOTE**

*CELEBRATE A WORLD OF FLAVORS* National Nutrition Month® 2022

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**DRINKWARE**

(NM38) **Stadium Cup** This 16 oz. plastic cup is perfect for every NNM celebration and makes a great collectible each year. It is BPA free, FDA approved and USA made. Top rack dishwasher safe. 4 3/8” H x 3 5/8” W  
**$1.10 Academy Members, $1.19 Nonmembers**  
(Pkg/30) **$31.49 Academy Members, $33.99 Nonmembers**

(NM39) **New! Motivated to Stay Hydrated Bottle** Slim cylinder design 24 oz. transparent water bottle with flip-top lid. The measurements will help keep you motivated to stay hydrated throughout the day. Made in the U.S.A. This eco-friendly bottle is BPA-free/food compliant. Hand wash only. Do Not Microwave. Bottles are individually poly-bagged.  
**$5.99 Academy Members, $6.99 Nonmembers**

(NM40) **Top Seller! Infuser Bottle** Large 28 oz. transparent bottle with an extra large infuser basket and a push-pull sport lid. BPA free. FDA compliant. Hand wash only.  
**$6.99 Academy Members, $7.99 Nonmembers**

(NM41) **New! Spooner Mug** 12 oz. eco-friendly mug composed of reclaimed stalks from wheat. It is renewable and sustainable. It includes a removable matching spoon. It meets FDA requirements, is BPA free and hand wash recommended.  
*Wheat straw products are gluten free and non-allergenic. These products are made from the straw leftover after the grain is harvested, not the grain itself. Meets FDA requirements, is BPA free and hand wash recommended.*  
**$6.99 Academy Members, $7.99 Nonmembers**

(NM42) **Top Seller! 20 oz. Travel Tumbler** Double-wall constructed using a stainless steel exterior with a plastic inner lining. Keeps beverages hot or cold for 2-3 hours. It has a clear plastic lid with a sliding drink opening and a non-skid base. BPA free. FDA compliant. Hand wash only.  
**$14.99 Academy Members, $15.99 Nonmembers**

(NM43) **Top Seller! Inkjoy Pen** Inkjoy revolutionizes the writing experience by combining the best qualities of PaperMate® ballpoint and gel pen technologies. Inkjoy offers incredible smoothness and a fast dry-time to help avoid messy smearing. Black ink. 5.5” W  
**$1.49 Academy Members, $1.69 Nonmembers**

(NM44) **New! Writing Pen w/Antimicrobial Additive** This retractable pen is formulated with an antimicrobial additive that is included in the exterior plastic parts. The additive is designed to fight against the growth and transmission of over 99% of bacteria, molds, yeasts, algae and other micro-organisms. Writes with gel-like, black Eversmooth® black ink. 5.88” W  
**$1.39 Academy Members, $1.59 Nonmembers**

(NM45) **New! Slim Frost Pen** The stylish slim barrel pen features the full-color logo wrapped around the pen. The Eversmooth® ink gives an extraordinary writing experience in black ink.  
**$1.79 Academy Members, $1.99 Nonmembers**

(NM46) **New! Gel Pen w/Stylus** This pen combines three top customer favorites: gel ink, soft-touch rubberized finish and a bright color. The stylus tip matches the barrel. Black ink.  
**$1.99 Academy Members, $2.19 Nonmembers**

(NM47) **Top Seller! MyPlate Pen** Full-color graphic on quality retractable pen. Black ink. 5.88” W  
**$1.29 Academy Members, $1.49 Nonmembers**

(NM48) **Top Seller! Magnet** Business card sized magnet features the National Nutrition Month® graphic. 3.5” W x 2” H  
**$0.65 Academy Members, $0.79 Nonmembers**

(NM49) **New! Notecard** Sending a note of thanks is easy with this notecard made of card stock with a blank back side to allow a personal note to be written. 6” W x 4” H  
(Pkg/25) **$4.99**  
**$4.99 Academy Members, $5.99 Nonmembers**

(NM50) **Top Seller! Sticky Notes** Write reminders and make to-do lists whenever and wherever you need on these 3M Post-it® notes. The 4” W x 6” H pad includes 50 sheets with adhesive backs.  
**$2.69 Academy Members, $2.79 Nonmembers**

(NM51) **New! Apple Shape Post-it® Notes** 50-sheet, apple shape Post-it® notes. 2-7/8” W x 2-3/4” H  
**$2.49 Academy Members, $2.99 Nonmembers**

Order online at jimcolemanstore.com/nnm. See page 15 for ordering details.
(NM52) **New! Lunch Box** Plastic lunch box with removable divider for separating box into two compartments. It includes a removable phone stand and a reusable fork. BPA free. Hand wash only. Do not microwave or place in the freezer. Phone not included. 7.5” W x 4.5” H x 2.25” D  
$12.99 Academy Members, $13.99 Nonmembers

(NM53) **Fruit/Salad Set** Durable 3-piece set is perfect for salads, fruit and more. Includes large main compartment, small compartment for condiments that stores in lid and a reusable fork with side storage slot. Hand wash only. Do not microwave. 
$9.99 Academy Members, $10.99 Nonmembers

(NM54) **New! Pack & Snack Storage Bag** This handy food storage bag unfolds for use as an eating mat. It is made of 210D polyester with PEVA lining, hook and loop closure and an interior ID label for easy identification. 16” x 8” 
$4.99 Academy Members, $5.49 Nonmembers

(NM55) **New! Reusable Storage Bag** 3.8 oz. polyethylene jar shaped storage bag with a zip closure. Storage bag stands once filled. 4” W x 7.25” H 
$2.99 Academy Members, $3.25 Nonmembers

(NM56) **Top Seller! Healthy Snacking Bowl** Two-compartment snack bowl helps in portion control. One side holds 1 cup, the other holds 1/2 cup. Perfect for fruits, vegetables and healthy dips. Washable and reusable. 2 1/2” H x 5 3/4” W x 5 3/4” D  
$4.99 Academy Members, $5.49 Nonmembers

(NM57) **Top Seller! Wheat Straw Utensil Kit** Reusable utensil kit includes fork, spoon and knife in a protective travel case. It is an EcoSmart product, made from the rigid, durable stalk left over after wheat grains are harvested. Box: 2.25” W x 8” H • Utensil: 6” H 
Wheat straw products are gluten free and non-allergenic. These products are made from the straw leftover after the grain is harvested, not the grain itself. Meets FDA requirements, is BPA free and hand wash recommended. 
$6.99 Academy Members, $7.49 Nonmembers

(NM58) **Top Seller! Portion Plate** This 10” food grade polypropylene plate has three compartments to help with portion control. The large half is recommended for fruits and vegetables, and two smaller quarters for grains/starches and meats/proteins. It reinforces balanced eating and a healthy diet. It is CPSIA compliant and BPA free. It is top rack dishwasher safe and microwave safe. 10” diameter x 1/2” D  
$6.49 Academy Members, $6.99 Nonmembers

*We recommend washing any/all items which may come into contact with food or be used for food preparation prior to use.*
**SOMETHING’S COOKING**

(NM59) **Top Seller! Stackable Strainer** Great for rinsing and draining vegetables, fruits, pasta and more. Stacks for easy storage. Meets FDA requirements, is BPA free and hand wash recommended. 6” W x 4” H x 4” D
$7.49 Academy Members, $8.49 Nonmembers

(NM60) **New! Ceramic Spoon Rest** Classic kitchen essential to protect surfaces from drips and stains. 9” H x 4.5” W
$13.99 Academy Members, $14.99 Nonmembers

(NM61) **Top Seller! Apple Slice-It™** It features a stainless steel blade that effortlessly splits apples into 8 pieces while removing the core. This FDA approved item features raised grips for great handling and even pressure. It’s also top rack dishwasher safe. 3” H x 7 1/2” W x 4 1/4” D
$8.99 Academy Members, $9.99 Nonmembers

(NM62) **New! Swed-ISH Dishcloth** Made from part natural fibers and part sponge. It is a reusable, biodegradable and sustainable cross between a sponge, a paper towel and a dishcloth. Replaces up to 15 rolls of paper towels. It will air dry quickly and can be tossed in the dishwasher or washing machine for repeated use. 7” W x 8” H
$5.99 Academy Members, $6.49 Nonmembers

(NM63) **New! Quilted Pot Holder** Quilted pot holder that displays the full color National Nutrition Month® graphic. It measures 6.75” x 6.75” with a loop for hanging.
$5.99 Academy Members, $6.49 Nonmembers

(NM64) **Top Seller! 5-in-1 Spoon** Best-selling spoon measures 1 tsp, 1.5 tsp, 2 tsp, 2.5 tsp and 1 tbsp. FDA compliant. Hand wash only. 2” H x 5-3/4” W x 11/16” D
$3.39 Academy Members, $3.79 Nonmembers

(NM65) **Top Seller! 4-Way Spoon** Perfect kitchen accessory for measuring 1/4, 1/2, and 1 teaspoon plus 1 tablespoon. Rugged, dishwasher safe, ABS plastic provides a polished, bright finish and guarantees a long lasting product. Hand wash only. Made in the USA. 5.375” W x 1.75” H
$1.79 Academy Members, $1.99 Nonmembers
(Pkg/30) $49.99 Academy Members, $55.95 Nonmembers

(NM66) **Top Seller! Veggie Spiral-It™** Turn those ordinary vegetables into tasty, healthy noodles with the Veggie Spiral-It™! It easily strips carrots, squash, zucchinis, cucumbers and many other firm veggies into long spiral strands for stir fry, spiral pasta dishes, salads, soups, garnish and more. Constructed of stainless steel, FDA compliant and BPA free. Hand wash recommended. 3” H x 2 3/4” W
$8.99 Academy Members, $9.99 Nonmembers

(NM67) **Top Seller! Small Bamboo Cutting Board** Protect your countertops by using this lightweight and easy-to-store cutting board. It meets FDA requirements and hand wash recommended. Knife not included. 9.875” H x 5.5” W
$9.99 Academy Members, $10.99 Nonmembers

(NM68) **Top Seller! Slice-It Scissors** Make quick work of any household job with these durable scissors; Large handles help to get a firm grip for both right and left handed people; Stainless steel blades; Steel-tooth insets in handle twists open bottle and jar caps; Storage case keeps them sharp and protected. Imprint is on the protective case. 3.25” W x 8.75” L
$8.49 Academy Members, $8.99 Nonmembers

(NM69) **Top Seller! Jar Opener** Soft and strong, this cushioned gripper is gentle on the hands, yet provides superior gripping power. This fun shaped vinyl jar opener is 100% USA made and is individually polybagged. 4.125” W x 6.125” H
$1.49 Academy Members, $1.59 Nonmembers
(Pkg/30) $43.35 Academy Members, $46.26 Nonmembers

(NM70) **New! Pan Scraper** Molded in rugged polycarbonate plastic to safely scrape pots and pans without scratching. 2.375” x 2.375”
$1.99 Academy Members, $2.19 Nonmembers

*We recommend washing any/all items which may come into contact with food or be used for food preparation prior to use.*
(NM71) **New! Harvest Clip w/Magnet** Clip can be used to keep food bags closed and stay fresh longer. It has a magnet on the back and a spring-loaded hinge. Small amounts of plant-based material is used to create a flecked finish. No indication of extractable gluten in testing. 1.25” W x 3.25” H
$2.45 Academy Members, $2.65 Nonmembers

(NM72) **New! Microfiber Coaster** 4” x 4” coaster made of microfiber material with a rubber backing.
$2.99 Academy Members, $3.25 Nonmembers

(NM73) **Blackberry Stress Reliever** Blackberry stress reliever will help keep stress away and remind you that eating healthy can be delicious! Not intended for children under three years old or for pets. 2-1/4” dia. x 2-3/4”
$3.99 Academy Members, $4.49 Nonmembers

(NM74) **Top Seller! Orange Hot/Cold Pack** This hot and cold pack can not only be used to help ease away muscle aches and pains but also is perfect to pack in your lunch bag. Store in freezer to keep food cold or to use as cold therapy or microwave for warm therapy. Reusable and easily cleaned with mild soap and water. Complete care and instructions are printed on the item. CPSIA and Prop65 Compliant, FDA Certified and TRA tested (Toxicological Risk Assessment) 4-1/8” x 4-7/8” x 5/8”
$3.99 Academy Members, $4.49 Nonmembers

(NM75) **New! Squeeze the Day Stress Buster™** Lemon stress buster is a clear thermal plastic rubber ball filled with colorful gel-filled beads, covered with a plush design in the shape of a cute lemon. Beads inside give a massaging feel when squeezed out of the plush cover. Ball returns to original shape when released. Not intended for children under three years old or for pets. 3” x 2-5/8” x 4-1/2”
$9.99 Academy Members, $10.49 Nonmembers

(NM76) **New! Mini Bamboo Planter** This bamboo planter kit includes the small planter, basil seed packet and soil pellet. The lid becomes a saucer. 2-1/4” W (top) x 1-3/4” W (bottom) x 2-1/2” H
$6.49 Academy Members, $6.99 Nonmembers

(NM77) **New! Recipe Bookmark w/Seeds** This unique bookmark has seeded dill paper on the front and a fresh dill recipe and planting instructions on the back. Grow the herbs, make the recipe and save the bookmark. 2-1/4” W x 7-3/4” H
$3.75 Academy Members, $3.99 Nonmembers

(NM78) **Top Seller! Clip-It Hand Sanitizer** Help to stay safe wherever you go with this portable hand sanitizer with carabiner clip. 1.8 oz., FDA approved with 62% Ethyl alcohol content, lightly scented.
$3.69 Academy Members, $3.99 Nonmembers
(NM100) **Top Seller! TEAM Unisex Baseball T-shirt**  This sporty T-shirt is made of 50/50 cotton/polyester with contrasting three-quarter-length sleeves and matching trim at the neck. Made with up to 5% recycled polyester from plastic bottles.  
Color: White w/Purple Sleeves  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$21.99 Academy Members, $22.99 Nonmembers

(NM101) **New! TEAM V-Neck Game Tee** Stylish V-neck fitted T-shirt made of 60/40 combed ringspun cotton/polyester with contrasting trim and distressed printed stripes at sleeves. 
Color: White w/Heathered Purple  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$27.99 Academy Members, $28.99 Nonmembers

(NM102) **Top Seller! TEAM Unisex Classic Tee** 5.4 oz., 100% cotton T-shirt in a classic silhouette. Color: Navy  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$16.99 Academy Members, $17.99 Nonmembers

(NM103) **New! TEAM Nonwoven Cooler Bag** Budget-friendly cooler bag made of lightweight nonwoven material with foil laminated PE foam insulation. It features a zippered closure to the main compartment, front pocket and double carry handles.  
8” W x 9” H x 6” D  
$9.99 Academy Members, $10.99 Nonmembers

(NM104) **New! TEAM Value Tote** Made of lightweight nonwoven material with large open main compartment, ring attachment for keys and two side pen holders. It measures 14” W x 15” H x 6” D with 30” handles and die-cut handles.  
$5.99 Academy Members, $6.49 Nonmembers

(NM105) **New! TEAM Double Laminated Wipeable Grocery Tote** Classic grocery tote shape now with a wipeable interior and exterior to protect against germs. This tote has double handles, an open main compartment, and a supportive bottom board. Contents not included. 13” W x 15” H x 10” D  
$5.79 Academy Members, $6.29 Nonmembers

(NM106) **Top Seller! TEAM Multi-Purpose Carryall** This multi-purpose personal carrying bag is made of 600D polyester and features a front mesh pocket for ID or cell phone, zippered compartments and carrying strap. Perfect for personal items or electronic devices. Contents not included. 10” W x 8” H x 1.25” D  
$9.49 Academy Members, $10.49 Nonmembers

(NM107) **New! TEAM Motivated to Stay Hydrated Bottle** 26 oz. water bottle constructed from durable Tritan™ plastic with a drink-thru lid. It has a wide mouth opening which makes it easy to add ice and to clean. The measurements will help keep you motivated to stay hydrated throughout the day. Meets FDA requirements, is BPA free and dishwasher safe.  
$10.99 Academy Members, $11.99 Nonmembers
(NM200) RDN Day Poster  Help spread the message about Registered Dietitian Nutritionist Day with this colorful poster announcing the event to all. 18” x 24”  
$4.99 Academy Members, $5.50 Nonmembers

(NM201) Top Seller! RDN Lightweight Fitted Full-Zip Hoodie  Lightweight hoodie made for ease and versatility. It is made of 4.9 oz., 90/10 ring-spun cotton/polyester with self-fabric cuffs and hem. It features a front pouch pocket and a full zipper. Color: Navy S, M, L, XL, 2XL (add $3 for each 2XL)  
$45.99 Academy Members, $47.99 Nonmembers

(NM202) RDN Zip-Ups  This sporty quarter zip is a versatile pullover design for wash-and-wear convenience. It is made with a breathable, moisture wicking fabric that offers UV protection and resists snagging. Color: Navy Unisex Sizes: S, M, L, XL, 2XL, 3XL  
Fitted Sizes: S, M, L, XL, 2XL  
$49.99 Academy Members, $51.99 Nonmembers

(NM203) New! RDN Fitted Jersey Full-Zip Hoodie  This casual hoodie adds a light layer to any look. Made of 4.4 oz., 60/40 combed ringspun cotton/polyester with dyed-to-match drawcords and zipper. Size up for a less fitted look. Color: Dark Heather Grey S, M, L, XL, 2XL (add $3 for each 2XL)  
$45.99 Academy Members, $47.99 Nonmembers

$32.99 Academy Members, $33.99 Nonmembers

(NM205) Top Seller! RDN Breeze Lunch Cooler  Made of 210D polyester. Zippered main compartment, front pocket with hook-and-loop closure and 13.5” handles. 9.5” W x 9” H x 4.5” D  
$15.99 Academy Members, $16.99 Nonmembers

(NM206) RDN Zippered Tote  This is the ideal on-trend yet functional tote. It is made of strong 600D polycanvas and features a large zippered main compartment, a hook-and-loop closure front slash pocket, phone and organizational pockets run along the base of the tote including a pen slot and a D-ring and added corner detail to hang keys or water bottle. Contents not included. 16” H x 16.5” W x 5.5” D  
$18.99 Academy Members, $19.99 Nonmembers

(NM207) New! RDN Mini Crossbody Sling  Trendy, small silhouette crossbody bag that features two zippered compartments, an adjustable shoulder strap and a top grab handle. It is made of strong 600D polycanvas in a heathered graphite grey and measures 7” W x 8” H x 3.5” D. Contents not included.  
$11.99 Academy Members, $12.99 Nonmembers

(NM208) New! RDN Frost Tumbler  20 oz. stainless steel tumbler is double-wall constructed and vacuum insulated to keep drinks hot or cold for up to 6 hours. Powder coated finish, snap-on, spill-resistant, thumb-slide lid with rubber gasket and a non-slip bottom. Due to vacuum insulation technology, capacity is 18 oz. with lid on. Meets FDA requirements. BPA free. Hand wash recommended.  
$24.99 Academy Members, $26.99 Nonmembers

(NM209) RDN ID Holder  Keep your badge close at hand with this 40” auto-retract, anti-twist cord. Includes a swivel alligator clip attachment and a durable vinyl strap.  
$3.79 Academy Members, $3.99 Nonmembers

(NM210) New! RDN Soft Rose Gold Stylus Pen  Stylish premium pen with ultra-trendy rose gold trim, a rubberized soft touch barrel with a stylus to help avoid contact on surfaces. The RDN logo is laser engraved. Black ink, medium ballpoint.  
$3.79 Academy Members, $3.99 Nonmembers

(NM211) Top Seller! RDN Professional Jr. Padfolio  This contemporary writing padfolio is perfect for the networking professional. The refillable 5” W x 8” H paper pad can be used to accommodate left or right hand users. The interior features a pen loop (pen not included), and multiple pockets to store business cards and other essentials.  
$15.99 Academy Members, $16.99 Nonmembers

(NM212) New! RDN Absorbent Coaster  Made of dolomite material with a cork bottom.  
$4.99 Academy Members, $5.49 Nonmembers

(NM213) New! RDN Qi-Compatible Charging Pad  Constructed of hard plastic with a rubberized trim to hold the wireless charger in place. A small indicator light turns blue when the device is in use. Only compatible with qi-enabled devices. Phone not included.  
$18.99 Academy Members, $19.99 Nonmembers

(NM214) RDN Pin  Be clearly recognized with this finely crafted RDN pin. Highlighted with blue enamel in silver plate, the pin is .875” in diameter and packaged in a gift box.  
$17.95 Academy Members, $23.95 Nonmembers
RD MERCHANDISE

(NM300) RD Pin  Be clearly recognized with this finely crafted RD pin. Highlighted with blue enamel in silver plate, the pin is .875” in diameter and packaged in a gift box.  
$17.95 Academy Members, $23.95 Nonmembers

S, M, L, XL, 2XL (add $3 for each 2XL)  
$24.99 Academy Members, $25.99 Nonmembers

(NM302) New! RD Fitted Jersey Full-Zip Hoodie  This casual hoodie adds a light layer to any look. Made of 4.4 oz., 60/40 combed ringspun cotton/polyester with dyed-to-match drawcords and zipper. Size up for a less fitted look. Color: Dark Heather Grey  
S, M, L, XL, 2XL (add $3 for each 2XL)  
$45.99 Academy Members, $47.99 Nonmembers

(NM303) RD ID Holder  This 40” auto-retract cord makes it a cinch to display your ID. Quality swivel bull dog clip attachment and sealed weather-resistant case. 1.50” W x 3.50” H x 0.38” D  
$4.99 Academy Members, $5.25 Nonmembers

(NM304) New! RD Mini Crossbody Sling  Trendy, small silhouette crossbody bag that features two zippered compartments, an adjustable shoulder strap and a top grab handle. It is made of strong 600D polycanvas in a heathered graphite grey and measures 7” W x 8” H x 3.5” D. Contents not included.  
$11.99 Academy Members, $12.99 Nonmembers

(NM305) RD Color-Changing Straw Tumbler  16 oz. tumbler with a screw-on, spill-resistant lid with matching straw. The circles change color when ice-cold beverages are added. It is BPA-free and meets FDA requirements. Hand wash recommended.  
$16.99 Academy Members, $17.99 Nonmembers

(NM306) New! RD Soft-Cover Journal  Soft-cover, faux leatherette, stitched journal with 32 sheets (64 pages) of ivory ruled paper. 5.5” W x 8.25” H x .25” D  
$4.99 Academy Members, $5.49 Nonmembers

(NM307) Top Seller! RD Soft Rose Gold Stylus Pen  Stylish premium pen with ultra-trendy rose gold trim, a rubberized soft touch barrel with a stylus to help avoid contact on surfaces. The RD logo is laser engraved. Black ink, medium ballpoint. 5.63”  
$3.79 Academy Members, $3.99 Nonmembers

(NM308) New! RD Qi-Compatible Charging Pad  Constructed of hard plastic with a rubberized trim to hold the wireless charger in place. A small indicator light turns blue when the device is in use. Only compatible with qi-enabled devices. Phone not included.  
$18.99 Academy Members, $19.99 Nonmembers
NATIONAL NUTRITION MONTH® KITS

(NM500) Promo Kit
Includes one of each of the following:
Poster (NM01)
Table Tents-Pkg/25 (NM16)
Banners-Pkg/10 (NM17)
Logo Stickers-Roll/100 (NM18)
Buttons-Pkg/10 (NM19)
$50.91 Academy Members, $55.92 Nonmembers

(NM501) Celebration Kit
Includes one of each of the following:
Poster (NM01)
Logo Stickers-Roll/100 (NM18)
Buttons-Pkg/10 (NM19)
Latex Balloons-Pkg/20 (NM04)
Writing Pen w/Antimicrobial Additive-Pkg/30 (NM44)
Logo Bookmarks-Pkg/30 (NM15)
$82.65 Academy Members, $91.92 Nonmembers

(NM502) Kitchen Essentials Kit
Includes one of each of the following:
Budget Jumbo Nonwoven Shopper Tote (NM32)
Non-Woven Full Apron (NM27)
Stackable Strainer (NM59)
Apple Slice-It™ (NM61)
Swed-ISH Dishcloth (NM62)
Quilted Pot Holder (NM63)
4-Way Spoon (NM65)
Veggie Spiral-It™ (NM66)
Small Bamboo Cutting Board (NM67)
Jar Opener (NM69)
Pan Scraper (NM70)
$61.59 Academy Members, $67.79 Nonmembers

(NM503) Fun on the Run Kit
Includes one of each of the following:
Nonwoven Cooler Tote (NM37)
Motivated to Stay Hydrated Bottle (NM39)
Fruit/Salad Set (NM53)
Pack & Snack Storage Bag (NM54)
Orange Hot/Cold Pack (NM74)
Clip-It Hand Sanitizer (NM78)
$38.64 Academy Members, $42.94 Nonmembers

(NM504) Mini Value Kit
Includes one of each of the following:
Herringbone Nonwoven Tote (NM33)
Full Color Face Mask (NM28)
Infuser Bottle (NM40)
Gel Pen w/Stylus (NM46)
Sticky Notes (NM50)
Harvest Clip w/Magnet (NM71)
Clip-It Hand Sanitizer (NM78)
$33.79 Academy Members, $36.59 Nonmembers

(NM505) Value Kit
Includes one of each of the following:
Jumbo ID Holder (NM29)
Budget Jumbo Nonwoven Shopper Tote (NM32)
Herringbone Nonwoven Tote (NM33)
Laminated Shopper Tote (NM36)
Motivated to Stay Hydrated Bottle (NM39)
20 oz. Travel Tumbler (NM42)
Gel Pen w/Stylus (NM46)
Magnet (NM48)
Sticky Notes (NM50)
Fruit/Salad Set (NM53)
Swed-ISH Dishcloth (NM62)
Small Bamboo Cutting Board (NM67)
Clip-It Hand Sanitizer (NM78)
$78.83 Academy Members, $85.53 Nonmembers
**CLASSROOM FUN**

(NM79) **Kid Stickers** Kids love stickers! Having every student wear a sticker will create increased awareness for National Nutrition Month®!
(Roll/100) $8.99 Academy Members, $9.49 Nonmembers

(NM80) **Healthy Snacks for Kids** This kid-friendly brochure encourages healthy food choices with easy, great-tasting snack ideas. Perfect for classrooms, health fairs, community groups and pediatric clinics.
(Pkg/25) $12.95 Academy Members, $13.95 Nonmembers

(NM81) **Pencils** The National Nutrition Month® logo is proudly displayed on this #2 pencil with a brass-colored ferrule and a red eraser.
(Pkg/25) $14.99 Academy Members, $15.99 Nonmembers

(NM82) **Feel Good! Eat Healthy! Activity Book** Available in English and Spanish, the “Feel Good! Eat Healthy!” activity book for kids promotes the importance of eating foods that are good for them. 16 pages including coloring pages, games and activities, word scramble and word search, jokes and funnies. Great story line with creative characters teaching a fun and valuable lesson. Please indicate English or Spanish. 8” W x 10.5” H
$1.49 Academy Members, $1.59 Nonmembers

(NM83) **Top Seller! Carrot Seed Bookmark** This unique bookmark has a detachable eco-friendly paper seed carrot that is infused with carrot seeds. Simply remove the carrot, soak in water overnight and plant under a thin layer of soil. Keep overly moist until seedlings are well established. Germination time is 1-3 weeks. Bookmark size: 1.75” W x 5.5” H
$1.69 Academy Members, $1.89 Nonmembers
(Pkg/20) $31.99 Academy Members, $34.99 Nonmembers

(NM84) **Bookmarks** Colorful bookmarks are a great way to promote National Nutrition Month®.
(Pkg/30) $5.99 Academy Members, $6.99 Nonmembers

**HOW TO ORDER:**
Order online at jimcolemanstore.com/nmm (credit card payments only). If you need an order form, please email service@jimcolemanltd.com, and mail with payment.

**METHODS OF PAYMENT:**
Pre-Payment: Make checks payable to Jim Coleman, Ltd., and mail with order form.
Credit Card: VISA/Mastercard/American Express
Purchase Orders: The vendor on your purchase order must be Jim Coleman, Ltd. Purchase orders must be either emailed to orders@jimcolemanltd.com or faxed to 1-847-963-8200. *Purchase requisitions are not acceptable.

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Email: orders@jimcolemanltd.com
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**SHIPPING & HANDLING CHARGES WITHIN THE CONTINENTAL USA:**
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$60.01 - $100.00 = $11.50
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Within the Continental USA we ship US Mail and UPS Ground. Alaska, Hawaii, Puerto Rico, US Territories and Canada orders incur double shipping charges and in most cases are shipped US Mail. Overseas orders require a third party account number for shipping charges, and we charge a $10 handling fee. For inquiries, please contact Customer Service at service@jimcolemanltd.com or call 1-847-963-8100.

Order early to ensure delivery for National Nutrition Month® 2022. Delivery is 1-2 weeks for most in stock items. See website for updated delivery schedule.
Attn: Nutrition & Food Department

DTR MERCHANDISE

(NM600) DTR Lapel Pin Get recognized by proudly wearing this Dietetic Technician, Registered lapel pin. Gold plate pin with blue enamel arrives packaged in a gift box.
$14.95 Academy Members, $19.95 Nonmembers

(NM601) DTR Travel Tumbler 20 oz. tumbler that is double-wall constructed using a stainless steel exterior with a plastic inner lining. It keeps beverages hot or cold for 2-3 hours. It has a clear plastic push-on lid with a sliding drink opening and a non-skid base. BPA free. FDA certified. Hand wash only.
$15.99 Academy Members, $16.99 Nonmembers