National Nutrition Month®, the Academy’s nutrition education and information campaign promotes healthful eating along with physical activity. “Savor the Flavor of Eating Right” encourages everyone to take time to enjoy food traditions and appreciate the pleasures, great flavors and social experiences food can add to our lives.

Visit us at: www.eatright.org/nnm for National Nutrition Month® and Registered Dietitian Nutritionist Day event ideas.
PROMOTE NATIONAL NUTRITION MONTH®!

NM01 National Nutrition Month® Poster – With a bright, contemporary design and the “Savor the Flavor of Eating Right” message, these decorative posters help reinforce the importance of healthy eating. Large 20” x 28”
$4.99 Academy Members, $5.50 Nonmembers

NM02 Mini Posters – Just like the 2016 large poster, our mini 8 ½” x 11” poster is a bright contemporary design with the “Savor the Flavor of Eating Right” message. These decorative posters help reinforce the importance of healthy eating.
(Pkg/10) $19.99 Academy Members, $21.95 Nonmembers

NM03 Mylar Balloon – 18” round Mylar® balloon will bring attention to nutrition for the entire month. Helium required.
$3.99 Academy Members, $4.49 Nonmembers

NM04 Buttons – A classic way to promote the “Savor the Flavor of Eating Right” message. 1 3/4 x 2 3/4”
(Pkg/10) $7.99 Academy Members, $8.99 Nonmembers

NM05 Latex Balloons – Add a festive touch to your celebration with these colorful 11” latex balloons.
(Pkg/20) (10 lime/10 orange)
$10.99 Academy Members, $11.99 Nonmembers

NM06 Banners – Boldly displaying National Nutrition Month®, take center stage with these colorful banners. At 8” x 20”, they’re the perfect size for bulletin boards, event entrances, and more.
(Pkg/10) $15.99 Academy Members, $16.99 Nonmembers

NM07 Logo Bookmarks – Colorful bookmarks are great rewards for attending events and a creative reminder that keeps on reminding.
(Pkg/30) $7.99 Academy Members, $8.25 Nonmembers

NM08 Vinyl Banner – Make a big statement with this large 6’ x 3’ colorful banner. Durable heavyweight vinyl comes complete with tough brass grommets so it can hang indoors or out. A great way to promote to the public and staff.
$99.99 Academy Members, $104.99 Nonmembers
NM09 Eating Right with Less Salt – Healthy eating tips to boost flavor in favorite foods while cutting down on salt. (Pkg/25)
$12.95 Academy Members, $13.95 Nonmembers

NM10 How to Build a Healthy Plate – Colorful tri-fold brochure is the perfect handout at schools, hospitals, health fairs and more. This brochure will be available following the release of the 2015 Dietary Guidelines for Americans. Check the NNM website at www.eatright.org/nnm for updates. (Pkg/25)
$12.95 Academy Members, $13.95 Nonmembers

NM11 Eat Right for a Healthy Weight – Tips for making small, gradual changes in eating and physical activity habits to move toward a healthy weight. Appropriate for teens and adults. (Pkg/25)
$12.95 Academy Members, $13.95 Nonmembers

NM12 Eating Right on a Budget – How to get the most for your food budget with tips for planning, shopping and preparing healthy meals. (Pkg/25)
$12.95 Academy Members, $13.95 Nonmembers

NM13 Eat Right for Older Adults – Special healthy eating tips for older adults are in easy to read type. Appropriate for use in active senior communities, assisted living or other settings. (Pkg/25)
$12.95 Academy Members, $13.95 Nonmembers

NM14 Smart Snacking for Adults & Teens – Promote healthy snack choices for increasing intake of fruits, vegetables, whole grains and dairy. Perfect for community groups, health fairs and high schools. (Pkg/25)
$12.95 Academy Members, $13.95 Nonmembers

NM15 New! Eating Right Tips for Vegetarians – Healthy eating tips for a vegetarian eating style. Appropriate for anyone interested in vegetarian eating or occasional vegetarian meals. (Pkg/25)
$12.95 Academy Members, $13.95 Nonmembers

NM16 Table Tents – Spread the word on tables, desks, shelves, displays, classrooms, and bulletin boards. (Pkg/25)
$12.95 Academy Members, $14.95 Nonmembers

NM17 Logo Stickers – Want to add a decorative touch to your correspondence? These stickers do just that, and much more! Be sure to have plenty on hand to share at NNM events. (Roll/100) $8.99 Academy Members, $9.49 Nonmembers

NM18 Traymats/Placemats – With their bright, contemporary design, these 14” x 19” linenized traymats/placemats add a decorative touch to your food service operation. (Pkg/50)
$13.99 Academy Members, $16.50 Nonmembers

For additional promotional resources, visit www.eatright.org/nnm.
**WEARABLES**

**NM19 Unisex Classic T-shirt** – Our 2016 white T-shirt is sure to become one of your favorites. Made of heavy 100% preshrunk cotton with seamless ribbed collar and double-needle stitched hemmed sleeves and bottom for better wear. Small now available — great for kids!

S, M, L, XL, XXL (add $3 for each XXL)

$11.99 Academy Members, $12.99 Nonmembers

**NM20 Ladies Classic T-shirt** – Fitted for ladies, this colorful preshrunk 100% cotton 6.1 ounce white T-shirt is a great way to promote nutrition. Features double-needle stitched neckline, sleeves and bottom. Seamless collar.

S, M, L, XL, XXL (add $3 for each XXL)

$11.99 Academy Members, $12.99 Nonmembers

**NM21 Unisex Tee** – This preshrunk, 50/50 cotton/polyester tee is soft and long lasting. The 2016 Nutrition Month® logo shows beautifully against the vibrant sapphire color.

S, M, L, XL, XXL (add $3 for each XXL)

$11.99 Academy Members, $12.99 Nonmembers

**NM22 Unisex Long-sleeved Tee** – 100% Sofspun™ cotton jersey fabric is breathable and lightweight with superior softness. It features a contemporary silhouette that is slightly fitted through the chest and sleeves, narrow, set-in 1”x1” rib collar with a clean neckline, shoulder-to-shoulder taping and double-needle hemmed sleeves and bottom. Admiral blue.

S, M, L, XL, XXL (add $3 for each XXL)

$19.99 Academy Members, $20.99 Nonmembers

**NM23 Ladies Long Sleeve** – A classic feminine cut gives this long sleeve tee its unmistakably ladylike silhouette in a neutral sport grey color. 5.3 oz, 100% cotton with double-needle stitched neckline and sleeves, shoulder-to-shoulder taping, hemmed cuffs and a narrow 5/8” collar.

S, M, L, XL, XXL (add $3 for each XXL)

$19.99 Academy Members, $20.99 Nonmembers

**NM24 Ladies Tee** – 5.0 oz., heather purple, preshrunk cotton T-shirt comes with seamless double needle feminine mid-scoop neck, cap sleeves and side seams in a slightly tapered missy fit.

S, M, L, XL, XXL (add $3 for each XXL)

$14.99 Academy Members, $15.99 Nonmembers

**NM25 Top Seller! Eco Apron** – Lightweight, water-resistant nonwoven full apron with two handy front pockets. The dark color easily hides stains and smudges. 24” x 28” Spot Clean/Air Dry.

$4.49 Academy Members, $5.49 Nonmembers

**NM26 New! Cotton Kitchen Apron** – This cotton apron is perfect for cooking, baking or barbecuing. It features a neck strap, adjustable tie back and a front pocket. 26” x 29”

$17.99 Academy Members, $18.49 Nonmembers

**NM27 Top Seller! Green Apple Pin** – Apple shaped metal lapel pin with silver trim and a magnetic closure and backing. 1” in diameter.

$4.99 Academy Members, $5.25 Nonmember

**NM28 Jumbo ID Holder** – 40” long auto-retract cord makes it a cinch to display your ID. Quality swivel alligator clip attachment and sealed weather-resistant case.

$4.79 Academy Members, $4.99 Nonmembers

**NM29 Carrot Lapel Pin** – Handcrafted cast in solid, lead-free fine pewter in a three dimensional sculpture.

$7.25 Academy Members, $7.49 Nonmembers

**NM30 Eat Right Lapel Pin** – A lapel pin is the perfect way to spread the “Eat Right” message. Tie-tac backing. 0.875”

$3.99 Academy Members, $4.25 Nonmembers
**BAGS & TOTES**

**NM31 Add a special gift bag at a special price! Gift Bag** – Add this gift bag for the perfect finishing touch. This nonwoven, drawstring gift bag will hold your gifts and express a note of thanks to your special people.
9 1/4" x 11" x 3"
$1.89 Academy Members, $1.99 Nonmembers

**NM32 Top Seller! Budget Shopper** – This lightweight, nonwoven budget shopper tote bag is perfect for trips to the market. It is made of 80 gram nonwoven, coated water-resistant polypropylene and is recyclable, reusable and hand washable. Tote measures 20" x 13" x 8" with 20" handles and 8" gusset.
$2.89 Academy Members, $3.09 Nonmembers

**NM33 Insulated Grocery Tote** – This eco-friendly, nonwoven bag will keep your goods cool after a trip to the market. It features a zippered main compartment with an insulated, heat-sealed, water-resistant lining, double 23" handles and a front open pocket. 15" x 13" x 9"
$7.99 Academy Members, $8.49 Nonmembers

**NM34 Top Seller! Vintage Shopper** – Classic veggies and antique kitchen utensils take center stage in this vintage print. This laminated nonwoven shopper features a large, open main compartment, with 10" gusset and supportive bottom board, reinforced handles and binding for added durability, contrasting regular polypropylene front open pocket and 10" handle drop height. The laminated material is water-resistant and easily wipes clean. Perfect alternative to plastic bags. 10" x 13" x 15"
$6.99 Academy Members, $7.25 Nonmembers

**NM35 Top Seller! Grocery Tote** – This lightweight, nonwoven polypropylene grocery tote features a large, open main compartment, open front pocket with a pen loop and double 24" handles. Reusable and recyclable.
6" x 17 1/2" x 13 1/2"
$3.69 Academy Members, $3.99 Nonmembers

**NM36 New! Triangle Lunch Bag** – Insulated lunch bag made of 600D polyester with a large double-zipped main compartment, front pocket, adjustable shoulder strap, padded web carrying handle, two side mesh pockets and PEVA lining. The unique shape allows you to fit containers and frozen meals. Spot clean/Air dry. 11" x 9" x 8"
$15.99 Academy Members, $16.49 Nonmembers

**NM37 New! Fashion Tote** – This trendy yet practical tote bag features a large, zippered main compartment, a front slash pocket and an adjustable shoulder strap that allows for cross body or shoulder carrying. It is made of 600D polyester and measures 13" x 3 1/2" x 14"
$15.99 Academy Members, $16.99 Nonmembers

**NM38 Zip Tote** – This top selling, budget friendly zip tote is made of durable 600D polycanvas and features a zippered main compartment, open front pocket, key ring and mesh side pocket for maximum storage. The double 27" reinforced webbed handles allow for easy and comfortable carrying.
4 3/4" x 12" x 13 3/4"
$8.49 Academy Members, $8.99 Nonmembers

**NM39 New! Vibrant Lunch Cooler** – Add some life to lunch and ditch the brown bag for good with this colorful, nonwoven lunch cooler. It has a five can capacity, thermal lined main compartment with a top zippered closure, a front slash pocket, a side mesh water bottle pocket and a top grab handle. It is PVC and phthalate free.
9" x 4 1/2" x 9 1/2"
$7.99 Academy Members, $8.49 Nonmembers

**NM40 New! Cosmetic Case** – Made of jute and canvas material, this zippered case is brightly colored and perfect for makeup, travel amenities, etc. 10" x 5 1/2" x 4 1/4"
$8.99 Academy Members, $9.49 Nonmember

Order online at jimcolemanstore.com/nmm See page 15 for ordering details.
**TAKE NOTE!**

**NM41 New! Stylus Pen** – Twist-action ballpoint pen with a soft rubber stylus for touchscreen devices. Black ink.
$1.59 Academy Members, $1.99 Nonmembers

**NM42 Top Seller! Writing Pen** – Single full-color graphic on quality retractable pen. Black ink.
$1.09 Academy Members, $1.20 Nonmembers

**NM43 Inkjoy Pen** – Inkjoy revolutionizes the writing experience by combining the best qualities of PaperMate® ballpoint and gel pen technologies. Inkjoy offers incredible smoothness and a fast dry-time to help avoid messy smearing. Black ink.
$1.09 Academy Members, $1.20 Nonmembers

**NM44 Carrot Pen** – Carrot pen is a fun way to promote healthy eating. 6”
$2.49 Academy Members, $2.79 Nonmembers

**NM45 Banana Pen** – A fun novelty pen for all banana fans! 6 1/2”
$2.49 Academy Members, $2.79 Nonmembers

**NM46 Top Seller! Larger Size! Sticky Notes** – Write reminders and make to-do lists whenever and wherever you need on these 3M Post-It® notes. The 4” x 6” pad includes 50 sheets with adhesive backs.
$2.69 Academy Members, $2.79 Nonmembers

**NM47 New! Elastic Closure Notebook** – This elastic closure notebook features a matching color ribbon bookmark and 80 ruled pages. 3” x 5”
$4.25 Academy Members, $4.79 Nonmembers

**DRINKWARE**

**NM48 Water Bottle** – Large 26 oz. value sports bottle has a convenient push/pull lid and is BPA free.
$2.69 Academy Members, $2.99 Nonmembers

**NM49 Stadium Cup** – This cup is perfect for every NNM celebration. The translucent purple 16 oz. plastic cup makes a great collectible each year.
$1.10 Academy Members, $1.19 Nonmembers

**NM50 Top Seller! Budget Straw Tumbler** – 16 oz. double-wall tumbler with matching snap-on lid and straw. BPA free. Made in the USA. Meets FDA requirements.
$4.99 Academy Members, $5.29 Nonmembers

**NM51 Top Seller! Infusion Tumbler** – This large 20 oz. tumbler allows you to add flavor naturally to your beverage. Tumbler is made of single-wall acrylic with a twist-on lid and straw. The infusion separator allows you to add a variety of fresh fruits or vegetables and is removable for cleaning. BPA free.
$10.49 Academy Members, $10.99 Nonmembers

**NM52 New! Fresh Fusion Bottle** – This large 24 oz. fusion bottle is made of durable Tritan™ material that is impact and shatter resistant. It features a convenient bottom-loading infusion cage which allows you to flavor your beverage naturally with fresh fruits or herbs. It meets FDA requirements and is hand wash recommended. The parts are removable for easy cleaning.
$12.99 Academy Members, $13.99 Nonmembers

**NM53 New! Neon Coffee Mug** – If your coffee doesn’t wake you up, the bold neon color of this mug will! This 11 oz. ceramic mug features a comfortable C handle and is hand wash recommended. A striking gift with the 2016 imprinted logo.
$7.99 Academy Members, $8.49 Nonmembers

**NM54 New! Juicer Tumbler with Straw** – This double-wall, 20 oz. tumbler features a built-in juicer to allow you to add flavor naturally. It has a flip-top lid and a matching straw. It meets FDA requirements, is BPA free and is hand wash recommended.
$15.99 Academy Members, $16.99 Nonmembers

**NM55 New! Dual Lid Tumbler** – This 16 oz. tumbler is great for both hot and cold beverages. It has a double-wall acrylic body with a screw-on thumb slide lid that is perfect for hot beverages. Then simply insert the matching 9” straw for your cold beverages. It is BPA free and hand wash only.
$8.99 Academy Members, $9.99 Nonmembers
NM56 Top Seller! Thermal Mug – 14 oz. thermal mug keeps food hot or cold. The mug includes a folding fork and spoon under lid and features three separate compartments and an airtight lid with seal gasket. The mug is BPA free, meets FDA requirements and is hand wash recommended. $18.99 Academy Members, $19.99 Nonmembers

NM57 New! Sandwich Keeper – Keep your sandwich fresh and protected. This handy container comes with a translucent lid and measures 5” x 5” x 1 ½”. It meets FDA requirements, is BPA-free and hand wash recommended. $3.99 Academy Members, $4.39 Nonmembers

NM58 New! Food Container Mug – 24 oz. food container mug with four side clips for a tight seal. Open the top snap to ventilate. Mug meets FDA requirements, is BPA-free and microwave safe. Hand washing is recommended. $7.99 Academy Members, $8.99 Nonmembers

NM59 Top Seller! Salad Bowl To Go – This convenient five-piece set includes the salad bowl, tray for toppings, dressing container, lid and fork. Dressing container nests in center of vegetable tray and reusable fork snaps into designated slot on lid. All FDA compliant. $16.99 Academy Members, $17.99 Nonmembers

NM60 Top Seller! Double Lunch Box – Lunch box featuring two compartments, a plastic knife and a fork that fit into the lid and a cover to keep utensils clean. BPA Free. 7 1/2” x 5” $7.99 Academy Members, $8.99 Nonmembers

NM61 Oval Lunch Container – This oval container is perfect for packing a healthy lunch. It includes a plastic fork and dressing container in a secured lid compartment. It’s microwave safe, meets FDA requirements and is BPA free. It’s dishwasher safe but hand wash recommended. 8” x 6 ¼” x 3 ½” $10.49 Academy Members, $11.49 Nonmembers

NM62 New! Portion Bowl – This modern, versatile two-cup bowl is great for dry or liquid portion measurements. It features a ½ cup, 1 cup, 1 ½ cup and 2 cup measuring lines that are molded into the corners of the bowl. This bowl is a great way to help control overeating. Top rack dishwasher safe. $3.29 Academy Members, $3.59 Nonmembers

NM63 New! Square Food Container – Keep sandwiches, salads and soups fresh and ready with this colorful food container. The FDA compliant container features a large square base that includes a removable triangle compartment and reusable fork. The lid comes with a convenient steam release and a silicone plug for easy ventilation and the silicone band and snap closure on the lid keeps contents lunch-ready and secure. 7 1/2” x 7 1/2” x 2 1/2” $17.99 Academy Members, $18.99 Nonmembers

NM64 New! Portion Plate – This 10” food grade polypropylene plate has three compartments to help with portion control. The large half is recommended for fruits and vegetables, and two smaller quarters for grains/starches and meats/proteins. It reinforces balanced eating and a healthy diet. Top rack dishwasher safe. $4.79 Academy Members, $5.29 Nonmembers

Order online at jimcolemanstore.com/nnm See page 15 for ordering details.
FUN WITH NUTRITION IN THE CLASSROOM!

NM65 Classroom Kit – Includes 2 large Posters, 100 Kid Stickers, 25 Pencils, 30 Bookmarks, and a Teacher’s Guide. Designed to get kids interested in nutrition and physical activity.
$38.99 Academy Members, $41.99 Nonmembers

NM66 Healthy Eating & Me Book – By inserting the child’s picture on the back cover of the book, the child becomes an instant star. The child will learn that eating the right types of food will help you grow up to be strong and healthy. 6” x 7”
$1.99 Academy Members, $2.09 Nonmembers

NM67 MyPlate Activity Book – 16 pages of text containing coloring, games and activities. Recommended for children ages 3 and up. 8” x 10 1/2”
$1.19 Academy Members, $1.29 Nonmembers

NM68 New! Practice Good Nutrition Activity Book – With the “Let’s Practice Good Nutrition” coloring and activity book kids will learn about healthy eating and the importance of maintaining a balanced diet. Featuring a full color cover and 16 pages of coloring fun, this book reminds us that eating nutritious foods helps our bodies grow. Recommended for children ages 3 and up. 8” x 10 1/2”
$1.19 Academy Members, $1.29 Nonmembers

NM69 Live a Healthy Way Activity Book – Petunia Pig guides kids through this 16 page educational and entertaining activity book that includes coloring, word scramble, word search and jokes. 8” x 10 1/2”
$0.99 Academy Members, $1.09 Nonmembers

NM70 Feel Good, Eat Healthy Activity Book – “Feel Good! Eat Healthy!” promotes the importance of eating foods that are good for them. 16 pages including coloring pages, games and activities, word scramble and word search, jokes and funnies. Great story line with creative characters that will teach a fun and valuable lesson. 8” x 10 1/2”
$0.99 Academy Members, $1.09 Nonmembers

NM71 Wristbands – Debossed wristbands are the perfect way for both kids and adults to promote the “Savor the Flavor of Eating Right” message. Specify Adult or Child size.
$1.49 Academy Members, $1.59 Nonmembers
(Pkg/30) $39.95 Academy Members, $42.99 Nonmembers
NM85 New! Larger Size! RDN Poster – Help spread the message about Registered Dietitian Day with this colorful poster announcing the event to all. 18” x 24”
$4.99 Academy Members, $5.50 Nonmembers

NM86 RDN Ladies Polo – Perfect for work or play, this Olympic blue ladies polo is constructed of 100% polyester pique knit with a wicking finish for confident daily wear. It features a flat knit collar, v-notch side slits and the tagless comfort of a heat transfer label.
S, M, L, XL, XXL (add $3 for each XXL)
$29.99 Academy Members, $30.99 Nonmembers

NM87 RDN Pin – Be clearly recognized with this finely crafted RDN pin. Highlighted with blue enamel in silver plate, the pin is 7/8” in diameter and packaged in a gift box.
$17.95 Academy Members, $23.95 Nonmembers

NM88 RDN ID Holder – This 40” auto-retract cord makes it a cinch to display your jumbo ID. Quality swivel alligator clip attachment and sealed weather-resistant case.
2 1/8” x 3 1/4” x .35”
$4.99 Academy Members, $5.25 Nonmembers

NM89 DTR Lapel Pin – Get recognized by proudly wearing this Dietetic Technician, Registered lapel pin. Gold plate pin with blue enamel arrives packaged in a gift box.
$14.95 Academy Members, $19.95 Nonmembers

NM90 New! RDN Power Bank – This battery backup will keep your smartphone charged up when needed. With a 2,200 mAh Li-Ion Grade A battery and a 5V/1A output this charger will fully charge an iPhone giving you an additional 8 hours of talk time. Includes a USB to Micro USB connecting cable which can recharge the battery backup or be used to charge up devices with a Micro USB input like Android Smartphones from Samsung, Motorola, HTC, Nokia, and others. Media device not included.
$19.99 Academy Members, $20.99 Nonmembers

NM91 Top Seller! RDN Stylus Pen – Equipped with a high gloss aluminum barrel with rubberized grip, this pen includes a premium black ballpoint ink cartridge and stylus tip. The rubberized stylus tip is ideal for touch screens, as well as retail payment pads and arrives in a velvet pouch.
$4.99 Academy Members, $5.25 Nonmembers

NM92 RDN Junior Portfolio – This handy portfolio includes a refillable, 30 page ruled notepad and five assorted color sticky flags. The inside cover panel contains two business card pockets and an elastic pen loop. Portfolio measures 7 1/8” x 9 1/2” and has a laminated polypropylene cover. Pen not included.
$9.25 Academy Members, $9.79 Nonmembers

NM93 New! RDN E-Padfolio – This cutting-edge padfolio with zippered closure enables you to protect and carry all the latest technology. Made of neoprene and tech diamond weave, this handy padfolio fits most tablets and e-readers and features removable Velcro® corners to accommodate various sizes up to 10”, pockets to store business cards, a pen loop, front pocket and 5” x 8” paper pad. 9 1/8” x 1 1/4” x 11 1/4”
$21.99 Academy Members, $22.99 Nonmembers

NM94 New! RDN Snackin Tumbler – Conveniently take your beverage and snack on the go in one hand with the Snackin’ Tumbler. Integrated compartment in lid has a flip-open top for storing food. Double-wall acrylic body. Matching polypropylene straw with stopper. BPA free. 20oz.
$16.99 Academy Members, $17.99 Nonmembers
NM98 MyPlate Kit – Includes 10 MyPlate Magnets, 30 MyPlate Bookmarks, and 30 MyPlate Pens.
$42.99 Academy Members, $46.99 Nonmembers

NM99 Gift Set – Get a perfect ready-made gift for the special people around you! This gift set includes the Dual Lid Tumbler, Stylus Pen, Elastic Closure Notebook and the Magnifier/Light Keychain. All these items arrive in the nonwoven drawstring gift bag at a reduced price.
$17.99 Academy Members, $19.99 Nonmembers

NM100 Mini Kit – Can't decide which products to use to accessorize your events? The Mini Kit includes 1 Large Poster, 100 Logo Stickers, 10 Buttons, 20 Latex Balloons, 30 Writing Pens, and 30 Logo Bookmarks.
$64.99 Academy Members, $71.99 Nonmembers

NM101 Promo Kit – Includes 25 Table Tents, 10 Banners, 100 Logo Stickers, 10 Buttons, and 1 Large Poster.
$47.99 Academy Members, $53.99 Nonmembers

NM95 Top Seller! RDN Lunch Cooler – This colorful lunch cooler is made of 210D polyester with a thermal lining. It features a zippered main compartment, a front slash pocket, and top grab handles. It has an eight can capacity and is PVC and Phthalate free. 13” x 9” x 5”
$13.25 Academy Members, $14.25 Nonmembers

NM96 New! RDN Tri-Block Tote – Easily carry around important documents, lunch and other items in this cross-block zippered tote. The sporty design combined with business functionality make this 600D polyester tote a perfect item for the on-the-go person. It features a zippered main compartment, a front slip pocket for business cards, pens or phones and an 11” handle drop height. 3” x 20” x 14 1/4”
$12.99 Academy Members, $13.99 Nonmembers

NM97 New! RDN Vertical Messenger/Tablet Bag – This sporty, vertical messenger-style bag features a main compartment with Velcro® closure, an easy-access zippered pocket sized to fit up to a 10” tablet with case, a zippered mesh pocket and pen loop under the front flap, a side mesh water bottle pocket, a top grab handle and an adjustable shoulder strap. 11 3/4” x 3” x 15 1/2”
$26.99 Academy Members, $27.99 Nonmembers

SPECIAL PRICES!
PROMOTIONAL KITS

NM98 MyPlate Kit – Includes 10 MyPlate Magnets, 30 MyPlate Bookmarks, and 30 MyPlate Pens.
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$47.99 Academy Members, $53.99 Nonmembers

Order online at jimcolemanstore.com/nmm See page 15 for ordering details.
SOMETHING’S COOKING!

NM102 Can Strain-it® – Fits over most vegetable, fruit and tuna cans and drains liquids. Uniquely designed notch on side lifts tabs and prevents fingernail breakage. 3 1/2” x 5 1/2” x 1 1/4”
$2.99 Academy Members, $3.19 Nonmembers

NM103 Top Seller! Cutting Board – Features a cutout handle, a protective storage sleeve and measures 9 1/2” x 5 1/2”. It meets FDA requirements, is BPA free, and is hand wash recommended. The NNM logo is printed on the protective sleeve.
$4.45 Academy Members, $4.75 Nonmembers

NM104 Top Seller! Kitchen Chopper – Features a stainless steel blade and removable cup that eliminates the need for a cutting board. Blade guard is removable for cleaning. BPA Free. 6” x 3 1/2” x 4”
$7.49 Academy Members, $7.99 Nonmembers

NM105 Vegetable Steamer – Three piece steamer cooks vegetables and more. Just add water to the bottom compartment and microwave. Dishwasher/Microwave Safe. BPA Free. 10” x 4 1/4”
$19.99 Academy Members, $20.99 Nonmembers

NM106 New! Collapsible Funnel – Funnel fills small bottles from large containers. Folds flat for storage. Silicone resists heat, cleans up great and is dishwasher safe. 6” x 3 1/2” x 4”
$7.49 Academy Members, $7.99 Nonmembers

NM107 Measuring Cup – One Cup Measure Up® measuring cup is convenient and easy to read. Allows you to read 1/4, 1/3, 1/2 and 1 cup markings on each distinct step on the inside of the cup. Top rack dishwasher safe. Made in the USA. 3 1/8” x 5.875” x 3.375”
$2.35 Academy Members, $2.65 Nonmembers

NM109 Top Seller! 4 Way Spoon – Measure 1/4, 1/3, and 1 teaspoon plus 1 tablespoon. Rugged, dishwasher safe, ABS plastic guarantees a long lasting product.
$1.69 Academy Members, $1.89 Nonmembers

NM110 Top Seller! Nesting Measuring Set – Includes four combination measuring cups/spoons and a clip for neat keeping. Spoons are integrated into scoop handles and the handles are clearly marked with measurements. All of the items are FDA compliant.
$5.79 Academy Members, $5.99 Nonmembers

NM111 Top Seller! Jar Opener – Softer and stronger, the new cushioned gripper is gentler on the hands, yet provides superior gripping power. This apple shaped vinyl jar opener is 100% USA made and is individually polybagged. 5 1/8” x 4.875”
$1.25 Academy Members, $1.35 Nonmembers

NM112 Top Seller! 5 in 1 Spoon – Best-selling spoon measures 1 tsp, 1 ½ tsp., 2 tsp, 2 ½ tsp. and 1 tbsp. 5 3/4” x 2”
$2.75 Academy Members, $2.95 Nonmembers

NM113 Herb & Spice Spoon – Double-ended spoon makes it easy to retrieve herbs and spices. Measures one tablespoon and one teaspoon. Molded ABS plastic is dishwasher safe.
$1.99 Academy Members, $2.09 Nonmembers

NM114 New! Whisk – Stainless steel handle with rubber whisk. Meets FDA requirements is BPA-free and hand wash recommended. 10”
$5.75 Academy Members, $6.25 Nonmembers

NM115 New! Silicone Basting Brush – This is a sanitary, long-lasting alternative to the traditional basting brush. The sleek, flexible bristles make applying sauces and marinades smooth and easy. It is dishwasher safe for a quick and convenient clean up. 8 7/8” x 1 5/8” x 1/2”
$3.99 Academy Members, $4.29 Nonmembers

NM116 Top Seller! Jar and Bottle Scraper – A value-priced, kitchen friend for cooking, baking and cleaning up. It features a long, rugged handle with semi-rigid, white, wipe-clean blade. It is great for spreading jam, jelly, mayonnaise and peanut butter. Not for use on hot surfaces. 9 1/2”
$1.99 Academy Members, $2.09 Nonmembers

NM117 New! 7-in-1 Party Buddy – This handy kitchen tool has so many uses! It features a serrated edge to cut bread or meat, a sharp cutter for cakes, pies or cheeses, twist cap bottle opener, can tab opener, metal bottle opener, jar seal opener and a spatula for serving.
$4.99 Academy Members, $5.49 Nonmembers

NM118 New! T-Stick® Cooking Kits – Grill/Cook hamburgers, chicken or fish safely with these disposable thermometer cooking kits. The kits include three disposable cooking thermometers, instruction card and a repositionable cooking temperature chart that sticks to stainless steel, wood, glass, metal and more. 1 Kit: $2.99 Academy Members, $3.15 Nonmembers
Buy all three sets at a reduced price! $7.99 Academy Members, $8.99 Nonmembers

Choice of: Chicken T-Stick® Cooking Kit, Fish T-Stick® Cooking Kit, Hamburger T-Stick® Cooking Kit, Set of 3 (1 chicken, 1 fish and 1 hamburger). Please specify kit.
**NM119 Top Seller! Power Bank** – This 2200 mAh battery backup will keep your mobile devices charged while you are out and about. This reusable power bank can charge a mobile device or tablet via a USB cable (included). It works with both Android and Apple devices. The red LED indicator light illuminates while charging. Input: 5V/1000mA, Output: 5V/1000mA. Media device not included. 3.63” x 2.3” x 0.9” $19.99 Academy Members, $20.99 Nonmembers

**NM120 New! Device/Recipe Holder** – This sleek holder can hold a variety of devices at a comfortable reading or viewing angle. It can also hold an iPad® or tablet horizontally. Perfect in the kitchen when using your device for a favorite recipe! $3.49 Academy Members, $3.89 Nonmembers

**NM121 Pedometer** – Get a clear reading with this top-view pedometer. This stylish, yet basic step counter pedometer tracks up to 99,999 steps and features a secure belt clip, an easy to read top LCD display, and an energy saving auto shut-off and idle mode. The pedometer comes with two button cell batteries inserted. 2” x 1 1/2” x 1” $6.45 Academy Members, $6.75 Nonmembers

**NM122 New! Magnifier/Light Key Chain** – This handy key chain has two bright-white LED lights and a magnifier. Button cell battery included. 2 3/4” x 1” $2.59 Academy Members, $2.89 Nonmembers

**NM123 Green Apple Clip** – Take a bite out of convenience with this Apple Power Clip with magnet. Not intended for children under 3 years old. 2.875” x 2.875” x 1 1/4” $2.45 Academy Members, $2.65 Nonmembers

**NM124 Top Seller! Magnetic Clip** – Round clip with a spring loaded hinge and a magnet on the back. 2.375” x 1” x 0.75” $1.99 Academy Members, $2.09 Nonmembers

**NM125 Top Seller! Microfiber Mouse Pad** – This versatile microfiber pad can be used as a mouse pad and to clean your screen. Features the full color NNM logo. 6 1/4” x 10” $5.45 Academy Members, $5.95 Nonmembers

**NM126 New! Orange Hot/Cold Pack** – This hot and cold pack can not only be used to ease away muscle aches and pains but also is perfect to pack in your lunch bag to keep your food hot or cold. Heat in the microwave or cool in the freezer. 4 1/4” dia. $3.99 Academy Members, $4.49 Nonmembers

**NM127 New! Neon Folding Umbrella** – This neon colored umbrella will brighten any rainy day! It features an automatic opening, a 42” arc and a matching handle and sleeve. It folds down to 15 1/2” for easy portability. $18.49 Members, $19.49 Nonmembers

**NM128 Stress Reliever** – Pear stress reliever will keep stress away and remind you that eating healthy can be delicious! Not intended for children under three years old or for pets. 3” dia. x 3 1/2” $3.99 Academy Members, $4.25 Nonmembers

**NM129 Top Seller! Microfiber Cloth w/Pouch** – Scratch-free microfiber cloth for smartphone, tablets, computers and eyeglasses. Cloth includes a clear, plastic pouch. Cloth: 6” x 6” $2.59 Academy Members, $2.89 Nonmembers

Order online at jimcolemanstore.com/nmm. See page 15 for ordering details.
NM130 MyPlate Poster – With a bright, contemporary design and the MyPlate logo, these decorative posters help reinforce the importance of healthy eating. Large 20" x 28" $4.99 Academy Members, $5.50 Nonmembers

NM131 MyPlate Magnet – Business card sized magnet features the MyPlate nutrition messages. 2" x 3 1/2" (Pkg/10) $7.99 Academy Members, $8.99 Nonmembers

NM132 MyPlate Bookmarks – Colorful bookmarks are great rewards for attending events and a creative reminder that keeps on reminding. Includes MyPlate healthy eating messages. (Pkg/30) $7.99 Academy Members, $8.25 Nonmembers

NM133 MyPlate Trays/placemats – With their bright, contemporary design, these 14" x 19" linened trays/placemats add a decorative touch to your food service operation. (Pkg/50) $13.99 Academy Members, $16.50 Nonmembers

NM134 MyPlate Tear Pad – 4" x 6" Bic® adhesive notepad with 25 lined sheets. A great way to make a lasting impression! $2.05 Academy Members, $2.15 Nonmembers (Pkg/5) $9.75 Academy Members, $10.25 Nonmembers

NM135 MyPlate Badge Holder – Large, square translucent retractable badge holder with anti-twist cord attachment. Quality stainless alligator clip attachment. 3 1/8" x 1" x 0.31" $4.49 Academy Members, $4.89 Nonmembers

NM136 MyPlate Key Chain – Square, acrylic key chain that shows the colorful MyPlate logo under a protective epoxy dome. 1 1/2" x 1/2" $2.45 Academy Members, $2.75 Nonmembers

NM137 MyPlate Pen – Single, full-color graphic on quality retractable pen. Black ink. $1.09 Academy Members, $1.20 Nonmembers (Pkg/30) $29.99 Academy Members, $32.99 Nonmembers

NM138 MyPlate Budget Shopper – This lightweight, nonwoven budget shopper tote bag is perfect for trips to the market. It is made of 80 gram nonwoven, coated water-resistant polypropylene and is recyclable, reusable and hand washable. Tote measures 20" x 13" x 8" with 20" handles and an 8" gusset. $2.89 Academy Members, $3.09 Nonmembers
DE DELIVERY:
Allow 2-3 weeks for delivery of most in stock items. For information regarding rush delivery, call 847-963-8100. Items are subject to availability.

CUSTOMER SERVICE:
Call: 847-963-8100, or Email: service@jimcolemanltd.com

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Submit a copy of the actual purchase order document with completed order form. Purchase requisitions are not acceptable. An email address is required both for order confirmation and invoicing purposes.

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National Nutrition Month®
March 2016

Registered Dietitian Nutritionist Day recognizes the valuable contributions of Registered Dietitian Nutritionists throughout the year. The theme, “Registered Dietitian Nutritionist—Eat Right” highlights the importance of seeking nutrition guidance from a registered dietitian nutritionist.